

Nutrition Facts Per 1 cup (227g) serving	
Amount	% Daily Value
Calories 135	
Total Fat 0g	0 %
Saturated Fat 0 g + Trans Fat 0 g	0 %
Cholesterol 0 mg	
Sodium 620 mg	26 %
Total Carbohydrate 25 g	8 %
Dietary Fibre 7 g	30 %
Sugars 3 g	
Protein 8g	
Vitamin A:	9 %
Vitamin C:	4 %
Calcium:	6 %
Iron:	12 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.